



STAYING WELL

Host a flu shot clinic

Looking for a simple way to protect your employees' health and your bottom line? Offer an onsite flu shot clinic. Regence makes it easy.

An onsite clinic helps you prepare your employees for flu season. Studies by the Centers for Disease Control and Prevention have shown that getting vaccinated can reduce the risk of flu-related doctor visits by 40–60%. Your Regence plan has your employees covered, and our contracted vendors will help you make the clinic a success.

How a flu shot clinic works

You contact a vendor directly to schedule your clinic. See the table in this document to find the one that's right for you. Pick a national vendor if you have employees outside your state. Note that most vendors have a required minimum number of participants.

Your employees don't need to pay a fee or send us any information. Our contracted vendor will bill us. We'll send an explanation of benefits (EOB) to each of your employees who gets a flu shot and is a Regence member.

Flu shots are covered for employees or dependents who are members of your Regence plan. You can make special payment arrangements with the vendor to provide flu shots for employees who are not Regence members.

Contracted flu shot vendors

Vendor name	Contact information	Location	Participants required
getaflushot.com	Hassan Gholi 503-258-9800 • hassan@getaflushot.com	Washington and Oregon	20+
Maxim Health	Ashley Swagner 855-218-1006 • aswagner@maxhealth.com	National	Call for details
Nurse Janet	Janet Parker 360-754-6270 • flushotsbynursejanet@hotmail.com	Western Washington	15+
Seattle Visiting Nurse Association	Marty Dennis 425-967-3080 • mdennis@seattlevna.com	Statewide	No minimum

If your Regence plan includes a pharmacy benefit, you may set up an onsite clinic with Costco or Walgreens. Your employees with pharmacy benefits may also visit a local Costco, Walgreens or any other in-network pharmacy that offers flu shots.

Pharmacy	Contact information	Location	Participants required
Costco	Amy Clark 425-416-1815 • amyclark@costco.com	National	100+
Walgreens	Michelle Anderson 602-578-7257 • michelle.anderson@walgreens.com	National	75+

Frequently asked questions

How can I be sure my plan covers a flu shot clinic?

An on-site flu shot clinic is covered under our standard contracts. Grandfathered and non-standard contracts may have a different benefit. Call Regence Customer Service at 1 (888) 367-2112 to confirm a clinic is covered by your plan.

What if my employees get a flu shot on their own?

If an employee gets a flu shot somewhere other than Costco, Walgreens or any other in-network pharmacy, they may have to pay when they get their shot. If they'd like to be reimbursed, they'll need to submit a claims reimbursement form to us, available on regence.com, along with an itemized receipt. Their deductible or copay may apply.

Share free flu info Want to get the word out about flu prevention this season? You can download free print materials or podcasts to share with your employees at www.cdc.gov/flu/freeresources.

