

Small-Group Incentive Wellness Program

Better health is good for everyone

For groups of 1–50 on metallic plans

When your employees take the first steps toward better health, we'll reward all of you. Why? Because healthier employees improve the health of your business. We've included the Small-Group Incentive Wellness Program in our 2019 metallic plans (Platinum, Gold, Silver and Bronze) at no additional cost. The program rewards your employees for completing a General Health Assessment (GHA) and a biometric screening.

And, when your employees complete these wellness activities within the first three months after your plan's renewal or effective date, you're rewarded with a discount on your premium.

The Small-Group Incentive Wellness Program is not insurance but is offered in addition to your medical plan to help your employees get information and support when they need it.

Improve employee well-being and morale

Encouraging your employees to become more engaged in their health can have a big impact on your business:

- Improved employee well-being
- More engaged and productive employees
- Fewer missed workdays
- Reduced health care costs

Reduce your costs

When your eligible employees complete the wellness activities within the first three months after your plan's effective or renewal date, you'll receive a 3% discount on those covered eligible employees in the applicable next month's premium. This discount will be applied back to the beginning of the plan year and continues throughout the plan year as long as eligible employees remain enrolled.

Participation requirements

To qualify for the premium reduction, your eligible employees must complete the wellness activities within the first three months after your plan's effective or renewal date.



Starting Jan. 1, 2019, when you enroll or renew in a small-group metallic plan, the Small-Group Incentive Wellness Program is in your coverage. Employees will have three months after your group's effective or renewal date to complete the wellness activities and obtain their gift card code.

Once employees complete a General Health Assessment (GHA) and a biometric screening, they will earn a \$100 gift card.* And you'll receive a discount on the monthly premium rate for eligible employees who complete the wellness program.

How to reach rewards

Step 1: Get started on asuris.com

To get started, your employees must register on asuris.com and navigate to *Wellness Tools* to complete their GHA. Based on the results of their GHA on asuris.com, employees will receive a personalized risk assessment report. The Interactive Risk Advisor tool provides real-time, actionable recommendations, based on the employee's input and risk factors, to improve their overall health.

Step 2: Get a biometric health screening one of three ways

Employees can choose where they get their biometric screening:

- Download a Physician Results Form and then visit an in-network doctor
- Visit a participating Patient Service Center
- Complete a home test kit and submit the test by mail

Step 3: Get a gift card

Employees redeem their gift card by getting their gift card code in Rewards Tracker on asuris.com.

You'll find more information and program promotional tools on asuris.com under *Wellness Programs* in the Incentive Wellness Toolkit.

*May be subject to tax withholding and reporting.

Wellness Program Milestones

3 months	Participating eligible employees receive a gift card for completing the General Health Assessment and a biometric screening within the first three months after the plan's effective or renewal date. Employees must obtain their gift card code in Rewards Tracker within 30 days of the end of the wellness program campaign.
Premium discount	Employer discount is applied to the eligible employees' monthly premium back to the plan's effective or renewal date.



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